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Immediate Denture Care Guidelines

An Immediate Denture is a prosthesis placed immediately after removing teeth. The Denture should not be removed until you have a post-operative visit with our office the following day (this is the only time it is okay to sleep in your denture). An Immediate Denture should be treated as a Conventional Denture, although as healing occurs from extractions, the bone in the mouth will remodel and re-shape possibly causing the denture to become “loose”. If this occurs you may need to come back to the office (sometimes more than once) to have a soft liner placed into the denture for better stability and fit. In most occurrences, even after the soft liners, the denture may need to be relined or even remade. Salt water rinses should be used to promote healing. A liquid diet regimen should be followed for 7-10 days following extractions.

Directions for Salt water rinse: Mix 1 teaspoon of salt with 8 ounces of warm water. Rinse for 30 seconds, expectorate, and repeat 2 additional times. Repeat the salt water rinses 3-4 times, per day, for 10 days.

The following are recommended guidelines for the care and maintenance of dentures:

Rinse your dentures after every meal. Careful daily removal of bacteria that are present in the mouth as well as on dentures is of great importance to minimize risk of contracting a Candida infection, commonly known as “thrush”, and to help to contribute to good oral and general health.

To reduce levels of biofilm and potentially harmful bacteria and fungi, patients who wear dentures should do the following:

- a) Dentures should be cleaned daily by soaking and brushing with effective, non-abrasive denture cleanser.
(Toothpaste is not recommended, regular Soft Soap liquid hand soap works well.)
- b) Denture cleansers should only be used to clean dentures outside of the mouth. Do NOT use denture cleansers on dentures with a soft liner.
- c) Dentures should be thoroughly rinsed with water after soaking and brushing before placing back into the mouth.

Dentures should NEVER be placed in boiling water.

Dentures should not be soaked in bleach, or in products containing sodium hypochlorite (bleach) for periods that exceed 10 minutes. Doing so may damage the dentures. If the denture has a soft liner DO NOT soak in bleach or any other cleaner. This includes over the counter denture cleaners.

To prevent warping, **dentures should be stored completely immersed in water**, when not in the mouth, including dentures with soft liners.

If you have any questions, please call our office (513) 489-8070